NEW LIFE REAL LIFE DISCUSSION QUESTIONS

EPHESIANS 4:24-5:3

1	In Eph 4:25-32 what does Paul tell us to put off, what does he say to put on, and what reason does he give for doing these things? If he doesn't explicitly state each of the three parts for a given topic, fill in what is implied.			
	PUT OFF:	PUT ON:	REASON:	
	How do the above instruction	ons show the importance of healthy communication in p	promoting unity?	
	Which of the commands do	you have difficulty following? Explain.		
		you take this week to improve your relationships with o	thers in this area of difficulty?1	
2	In the list of directives - putti	ng off and putting on - do you tend to get discourage	ed or encouraged?	
	Are you a natural rule-follo Do you tend to get stuck on	wer or a rule-breaker? What do you think about when the first part of the verse and forget the second part, or	you read the verse: "Be imitators of God, as dear children. vice versa?	
		hasis on imitating God produce without remembering c be dear children without acknowledging our need to in	our identity as dear children? What danger might we fall in nitate our Father?	
3	Ephesians 4:32 and 5:2 are key to understanding the motivation behind putting off, putting on, and renewing the mind. Can you describe way this true motive has changed the way you approach personal holiness and change?			
4 Why do we say things to hurt others, even though God clearly tells us not to in this passage?		s passage?		
	Why does it feel good at time	es to put others down? How does God view our actions	when we disregard or disrespect one another?	

	♥ How do I disregard or disrespect others with my words? What kinds of words do others need to hear from us?2		
5	Can you distinguish between righteous and unrighteous anger?		
	♥ What are signs of unrighteous anger in your own life?		
	What are signs of righteous anger? What does unrighteous anger produce? What does righteous anger produce?		
6	Some people have coined the label: "Laws of Communication" from Ephesians 4. See if you can guess the word after working through the verses listed.		
	<i>№</i> Be H (v. 25)		
	Attack problems, not P(vv. 26-27) PRAYER REQUESTS		
	Act, don't R (vv. 31-32)		
	How could you implement these communication rules in your relationships this week?		
7	What practical differences would obedience to Eph. 4:29 have made in your life over the last 24 hours? What does Eph. 4:30 reveal about the Holy Spirit and our relationship with Him?		
2 Ma	Peau, Ephesians: Wholeness for a Broken World, 31-32. Ix Lucado, "Ephesians: Life Lessons," 77-78. In Stott, The Message of Ephesians, 305.		