

BODY BUILDING IN 2016 DISCUSSION QUESTIONS

EPHESIANS 4:1-16

1 Reading between the lines in Ephesians 4:1-6, what problems do you think Paul was concerned about in Ephesus?

2 How does each of the four qualities listed in Ephesians 4:2 promote unity?

♥ Which of these four qualities do you need most in your life personally?

🗨️ What relationships will profit from developing that quality now?

3 In Ephesians 4:1-6 Paul says we have one body, one Spirit, one hope, one Lord, one faith, one baptism and one God and Father of all.

🗨️ How do these seven “ones” contribute to actually living out true unity?

4 In Ephesians 4:8-10 Christ is compared to a conquering hero whose victory parade fills “the whole universe,” from the highest heaven to the lowest earth. He then generously distributes gifts (the spoils of victory) to his loyal followers.

⚙️ What spiritual gifts do you think you might have? What do you think might happen if some members choose to ignore their gifts and not use them in the church?

