

PSALM 127 - DISCUSSION QUESTIONS

FULFILLED, NOT JUST FILLED FULL. - ([SERMON MP3](#))

In what way do you need the rest that the Lord grants "to those he loves" as mentioned in Psalm 127:2?

- ☀ *What causes you to lose sleep? How can the truth of Psalm 127:2 instruct our lives regarding work, worry, panic and anxious frenzies?*
- ☀ *How does the love of God impact the worried and restless heart?*
- ☀ *C.H. Spurgeon wrote, "Ours is not a life of anxious care but of happy faith." Is that true of your life? If not, what do you think needs to change?*

What is the connection between Psalm 127:1-2 and Matthew 6:25-33? What lessons do you need to embrace by faith and apply to your life this year?

- ☀ *What is the difference between good busyness and bad busyness? How do you discern the difference in your own life? How could Jesus' teaching on worry in Matthew 6 affect your discernment of good vs. bad busyness?*
- ☀ *What do you do to increase busyness in your life? How does busyness affect your priorities and vice versa? How do you think the culture has impacted your decisions?*
- ☀ *Some think that some of our busyness comes from our pride. Agree or disagree? Why?*
- ☀ *When you think about all the decisions you need to make about how to invest your time and energy, how could the question, "Would I be trying to do good or make myself look good?" help you make wise decisions?*
- ☀ *Do you sense that God is calling you to change something?*

How is Psalm 127 really a call to trust God in the endeavors of life? God never intended our lives to be frenetic, overly busy, and out of control. Our faith actually enables us to be diligent but not anxious, engaged but not consumed, purposeful but not exhausted.

- ☀ *How can we practically depend on God in everyday affairs? What are some ways we can build God into the various components of our lives (be prepared to share three examples).*
- ☀ *How do the following verses contribute to the conversation?*
 - *Proverbs 3:5-6*
 - *1Corinthians 15:58*
 - *1Kings 3:3-15*
 - *Psalm 60:11; Isaiah 43:13*

