

MATTHEW 5:5 - DISCUSSION QUESTIONS

BLESSED ARE THE MEEK - ([SERMON MP3](#))

Explore the following case studies and write down observations and points of reflection. How did these people demonstrate meekness? What can we learn from their examples?

☀ *Moses was meek (Numbers 12) How did he relinquish his rights?*

☀ *Jesus was meek (Matt. 11:29 "gentle" = meek; 1Pet. 2:18-25) How did he trust God's plan?*

☀ *David was meek (Psalm 37) How did he wait on the Lord?*

Meekness is essentially a true view of oneself. It is the effect of being poor in spirit (Matt. 5:3) and brought to mourning over your own sin (Matt. 5:4). It's when you have been so marinated by unveiled reality of who you are, that it makes you gentle, humble, sensitive, and patient. D. Martyn Lloyd-Jones once said, "The man who is truly meek is the one who is amazed that God and man can think of him as well as they do and treat him as well as they do."

☀ *Describe one experience in your life recently that has helped you have an accurate view of yourself.*

☀ *According to the account in (Luke 7:36-50), who was humbled and made meek _____? Who remained proud and unbroken _____? What made the difference between the two? How could a proper understanding of the text help you cultivate meekness in your life?*

Name	Prayer Need

Are you a meek person? Take the following 4-question quiz and see how you fare. If there are areas where you struggle, confess them as sin to God and seek his gracious help.

☀ Do you struggle with harshness? Are you mean in your treatment of others? Is there a lack of gentleness? You're probably not meek.

☀ Do you struggle with grasping? Do you make sure you always get yours first. Is the "numero uno" mentality the subtle driving force in your life? You're probably not meek.

☀ Do you struggle with vengefulness? Are you known as someone who should never be crossed? Do you make people pay for their mistakes, sins, or failures? You're probably not meek.

☀ Do you struggle with uncontrolled anger? Does rage fill your soul such that life is a series of explosions? Do people have to tip-toe around your mood swings or walk on eggshells around you because of your temper? You're probably not meek.

☀ Which of the four most convicted you and why? What are you going to do to cultivate a heart of meekness in that specific area this week?

The person who is meek is not seeking to defend his rights or protect himself. He relinquishes self-effort in the relief of oppression. He renounces self-promotion in the achievement of his desires. He can afford to be meek because he has an eternal perspective. He can rest in God (Psalm 37:7-9).

☀ *Identify one area of your life where you struggle trusting God's control. Where do you find yourself grasping, defending, self-promoting, or clutching? If you were meek, how would you believe, act, or think differently?*

☀ *What scripture can you meditate on or memorize in the present to help you trustingly wait for your inheritance in the future?*

The natural fear associated with meekness is that we will be ignored, others will ride roughshod over us, or we'll get trampled underfoot. If we don't struggle for our benefits or fight for our rights, who will?

In our culture it seems like the strong, self-sufficient, overbearing, capable, aggressive and ambitious make rank in society and occupy elite positions. It causes us to question, "Will the meek really be blessed by God? Will they really inherit the earth?" Have you ever had that question in your heart? YES / NO

☀ *Can you recall a time in your life where the Lord helped you be meek in a situation and in the end He worked things out for your good? Has there been a time where you trusted God and released a circumstance to his control and he brought about his will in his time?*

☀ *The fact of our future inheritance needs to overwhelm our fear. Read these verses and allow them to bring comfort to your heart (1Cor. 3:21-23; 6:2; 2Tim. 2:12; Rev. 20:4; 22:5).*

According to James 3:13, meekness is one of the key identifying markers of a person who is _____? The life of the wise is a life of humility. True wisdom is not bound up in how to get ahead, or how to achieve worldly success. It is about displaying a humble heart and meek character (Prov. 11:2).

☀ *Meekness is when your ego has been trampled and your overestimation of self has been replaced with an awe of God. Then you are able to trust him and love others. In practical terms, (1) meekness means having a high view of God (Rev. 4:11), (2) an accurate view of self (Rom 12:3), and (3) a generous view of others.*

Which of those three do you struggle with most? Which of those three has God evidenced his grace in teaching you recently?

What are some practical ways you can implement meekness into your everyday life? Read the following verses and write down a practical application statement connected to your own life for each point below.

☀ According to James 1:21, we are supposed to have an initial response of meekness when we encounter God's truth.
How can you "receive with meekness the implanted word?"

☀ According to 1Peter 3:15, we are supposed to witness to others in a spirit of meekness.
How can you "give an answer of the hope that is in you with meekness and fear?"

☀ According to Gal. 6:1; 1Cor. 4:21; 2Cor. 10:1, we are supposed to deal with problems between Christians with a spirit of meekness.
How can you "entreat by the meekness of Christ" and "restore in a spirit of meekness?"

☀ According to Gal. 5:21-22; Col 3:12, meekness is not natural in man, but the result of the supernatural working of God's Spirit.
You can't whip it up or work it up. It must be wrought in you by God's grace. With that in mind, what should you do?