

## GOSPEL GROWTH | LUKUS COUNTERMAN (CHAN CHOI) | FEBRUARY 9, 2020

### ADDICTION & TRUE CHANGE (Biblical Repentance)

#### TRUTH STATEMENTS

A truth statement is an exercise whereby in the process of putting off an addiction and putting on Christ-honoring behaviors, a person can have their mind renewed (Eph. 4:17-24; Col. 3:5-10). **The pattern in both of these texts is put off what is old, put on what is new, and be renewed in your mind.**

- **I'm not who I was and I'm not who I will be.** "But by the grace of God I am what I am, and his grace toward me was not in vain." (1Cor. 15:10)
- **The proud person never really changes, so change in your life will require you to grow in humility.** "But He (GOD) gives more grace. Therefore, it says, 'God opposes the proud but gives grace to the humble.'" (James 4:6)
- **God is near to those whose selfish and prideful mind has been broken down and He saves those whose spirit is crushed.** "The LORD is near to the brokenhearted and saves the crushed in spirit." (Psalm 34:18)
- **God uses our grief to heal us and move us toward real change.** "For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death." (2 Cor. 7:10)
- **Real change comes from God, not just from our futile self attempts.** "Know there that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations." (Deut 7:9) "My flesh and my heart may fail, but God is the strength of my heart and my portion forever." (Psalm 73:26)

1. WHAT \_\_\_\_\_ AUTHENTIC REPENTANCE?

- a. Sometimes a concerned \_\_\_\_\_ confronts you.
- b. True repentance is always the divine working of God in \_\_\_\_\_ heart.

Godly grief = Greek phrase (kata theon), grief \_\_\_\_\_.

2. HOW DOES AUTHENTIC REPENTANCE \_\_\_\_\_?

1) \_\_\_\_\_ . Example of \_\_\_\_\_.

2) \_\_\_\_\_

Thus, clear yourselves by seeking to clear \_\_\_\_\_.

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

6) \_\_\_\_\_

7) \_\_\_\_\_ . Example of \_\_\_\_\_ (Luke 19:8-9).

3. WHAT IF SOMEONE \_\_\_\_\_ TO REALLY REPENT?

a. Worldly grief produces \_\_\_\_\_

Godly sorrow leads to \_\_\_\_\_ and \_\_\_\_\_.

Worldly sorrow leads to \_\_\_\_\_ and \_\_\_\_\_.

“Worldly sorrow” has \_\_\_\_\_ characteristics. Here are a few of them.

- \_\_\_\_\_ – I can’t believe I did this.
- Personal embarrassment – What are others going to think about me now?
- \_\_\_\_\_ regret – I will never be able to forget what I have done.
- \_\_\_\_\_ guilt – I can’t forgive myself.

Worldly sorrow, simply put, is feeling sorry for \_\_\_\_\_, but not sorry enough to \_\_\_\_\_ for a real life change.