

The person who is meek is not seeking to defend his rights or protect himself. He relinquishes self-effort in the relief of oppression. He renounces self-promotion in the achievement of his desires. He can afford to be meek because he has an eternal perspective. He can rest in God (Psalm 37:7-9).

☀ *Identify one area of your life where you struggle trusting God's control. Where do you find yourself grasping, defending, self-promoting, or clutching? If you were meek, how would you believe, act, or think differently?*

☀ *What scripture can you meditate on or memorize in the present to help you trustingly wait for your inheritance in the future?*

The natural fear associated with meekness is that we will be ignored, others will ride roughshod over us, or we'll get trampled underfoot. If we don't struggle for our benefits or fight for our rights, who will?

In our culture it seems like the strong, self-sufficient, overbearing, capable, aggressive and ambitious make rank in society and occupy elite positions. It causes us to question, "Will the meek really be blessed by God? Will they really inherit the earth?" Have you ever had that question in your heart? YES / NO

☀ *Can you recall a time in your life where the Lord helped you be meek in a situation and in the end He worked things out for your good? Has there been a time where you trusted God and released a circumstance to his control and he brought about his will in his time?*

☀ *The fact of our future inheritance needs to overwhelm our fear. Read these verses and allow them to bring comfort to your heart (1Cor. 3:21-23; 6:2; 2Tim. 2:12; Rev. 20:4; 22:5).*

According to James 3:13, meekness is one of the key identifying markers of a person who is _____? The life of the wise is a life of humility. True wisdom is not bound up in how to get ahead, or how to achieve worldly success. It is about displaying a humble heart and meek character (Prov. 11:2).

☀ *Meekness is when your ego has been trampled and your overestimation of self has been replaced with an awe of God. Then you are able to trust him and love others. In practical terms, (1) meekness means having a high view of God (Rev. 4:11), (2) an accurate view of self (Rom 12:3), and (3) a generous view of others.*

Which of those three do you struggle with most? Which of those three has God evidenced his grace in teaching you recently?

What are some practical ways you can implement meekness into your everyday life? Read the following verses and write down a practical application statement connected to your own life for each point below.

☀ According to James 1:21, we are supposed to have an initial response of meekness when we encounter God's truth.
How can you "receive with meekness the implanted word?"

☀ According to 1Peter 3:15, we are supposed to witness to others in a spirit of meekness.
How can you "give an answer of the hope that is in you with meekness and fear?"

☀ According to Gal. 6:1; 1Cor. 4:21; 2Cor. 10:1, we are supposed to deal with problems between Christians with a spirit of meekness.
How can you "entreat by the meekness of Christ" and "restore in a spirit of meekness?"

☀ According to Gal. 5:21-22; Col 3:12, meekness is not natural in man, but the result of the supernatural working of God's Spirit.
You can't whip it up or work it up. It must be wrought in you by God's grace. With that in mind, what should you do?